

OTTAWA

metro®

NEWS
WORTH
SHARING.



Time to leave our oil in the ground?

If the world gets serious about climate change, we'll have to leave 75% of our oil untouched: Study **PAGE 10**

Set the snow cannons to high

Preparations for Winterlude have begun, with crews hard at work on the Snowflake Kingdom **PAGE 4**

CAN'T HANDLE THE COLD? GET IN THE KITCHEN

WARM UP WITH STUFFING-BREADED PORK CHOPS **PAGE 19**



LIVE
88.5fm



'JE SUIS CHARLIE'

People gather in Paris Wednesday evening in solidarity with the victims of a terror attack against a satirical newspaper. Masked gunmen shouting "Allahu akbar!" stormed the Paris offices of satirical newspaper Charlie Hebdo Wednesday, killing 12 people, including the paper's editor, before escaping in a getaway car. It was France's deadliest terror attack in living memory. For more coverage, see pages 3, 12 and 13.

THIBAUT CAMUS/THE ASSOCIATED PRESS

Ottawa's Frank stands with Charlie

Solidarity. Local satirical mag to publish French cartoons



LUCY SCHOLEY
lucy.scholey@metronews.ca

Ottawa's satirical Frank Magazine will be publishing cartoons from the French weekly Charlie Hebdo, in solidarity with those who died in Wednesday's shooting.

"It's terrible, what can I say? It's beyond words," said Michael Bate, the publisher of Frank Magazine, after three masked gunmen stormed the Paris office of Charlie Hebdo on Wednesday morning, killing 10 journalists and two officers.

Ottawa's tongue-in-cheek weekly had already posted a banner on its website on Wednesday with "Charlie Hebdo" across the top and a link to live tweets about the shooting.

Bate said the magazine will reprint select controversial cartoons that appeared in Charlie Hebdo, plus a few covers.

The French weekly cannot back down in the wake of this tragedy, he said.

"Obviously, they have to come back," he said. "If they don't, some other cartoonist will."

Masked gunmen shouting "Allahu akbar!" stormed the Paris offices of the satirical newspaper on Wednesday, killing 12 people including the editor and a cartoonist before escaping. It was France's deadliest terror attack in at least two decades.

Frank Magazine — a separate publication from the Halifax paper of the same name — is no stranger to printing controversial cartoons.

It published the famous Danish drawing of Muhammad online in 2006. Ezra Levant made headlines when he published the same cartoon in the Western Standard about a month later. Frank was less publicized be-

cause of its strong payroll, said Bate.

Save for a bomb threat in the mid-1990s and former prime minister Brian Mulroney threatening to "take a gun" to the Frank offices, most of the magazine's threats are lawsuit-related, said Bate.

"We're in an environment where I feel safe here in Canada doing this," he said, "notwithstanding that we've had threats in the past and I've had people come up to me and threaten to punch me out in the supermarket."

In a follow-up email, Bate said satire's mission is to "expose hypocrisy, provoke the greedy and mock the powerful. We exist to challenge conventional wisdom, to cast popular ideals and beliefs in a different light."

The French cartoons will hit Ottawa stands when Frank goes to print on Tuesday. Bate will select them based on how funny they are, he said.

"You can't just be satire for the sake of it. It's got to be funny," he said.



RBC Royal Bank

AVIONER® HILARY HAS THE RIGHT TO
FLY TO BOSTON TO TOUR
FENWAY PARK WITH HER SON HENRY



RBC.COM/AVION



Downy Fabric Softener has
30% more softening power than Fleecy*


Downy
wash in the *wow*

* Visual represents softening ingredients per load
Fleecy is a registered trademark of Colgate-Palmolive Canada Inc.

'Top operational priority'

Police chief pens open letter on gang violence

Ottawa Police Chief Charles Bordeleau wrote an open letter to city residents about recent street-gang violence, distributed Wednesday.

While saying "we live in a safe city" in the letter, Bordeleau acknowledges an increase in "targeted, street-gang-related shootings" and says the incidents are related to illegal drugs, the availability of guns and the "increased willingness of street-gang members to use them." Bordeleau says preventing the activity and arresting those involved is a "top operational priority" for the force.

To read the full letter, go to metronews.ca. **METRO**

Neil Doef

Hockey star hopeful despite paralysis

Smiths Falls hockey star Neil Doef has been paralyzed from the waist down after an accident at the World Junior A Challenge in Saskatchewan before Christmas.

But the 17-year-old forward, who was listed on the NHL Central Scouting list and has a full-ride scholarship waiting for him at Princeton, isn't giving up hope. A new post on the Doefstrong Facebook page says "he remains hopeful."

At rinks across Canada and the U.S., hockey teams have been passing around donation buckets for the family, raising more than \$100,000.

TREVOR GREENWAY/METRO

Attack won't phase France: Embassy

PM 'angered and saddened.' Canadian leaders offer sympathy and condemn attack



TREVOR GREENWAY
trevor.greenway@metronews.ca

The French Embassy in Canada says the gunmen who stormed the office of a satirical newspaper in Paris, killing 12 people Wednesday, attacked freedom of speech and staged an assault on French democracy as a whole.

But embassy spokesman Stephane Schorderet told Metro that although the terrorist attack has rocked France, it won't change the way people live and will only make the country stronger.

"We are touched in our hearts but we won't be phased by this attack," said Schorderet during a sit down at the French Embassy on Wednesday. "I think this kind of attack is going to reinforce the will to stay a free country with a free right of expression."

Three masked gunmen shouting "Allahu Akbar!" stormed the Paris offices of the satirical newspaper Charlie Hebdo on Wednesday morning and began firing on journalists, cartoonists and police before escaping in a getaway car.

Among the dead is the paper's editor Stephane Charbonnier and several of the magazine's top cartoonists.

Canada's ambassador to France, Lawrence Cannon, reacted on Twitter, saying he was horrified by the attack and his



Flags were at half-mast at the French Embassy in Canada on Wednesday after a terrorist attack killed 12 in Paris.

TREVOR GREENWAY/METRO

thoughts were with the victims and their families.

Prime Minister Stephen Harper issued a statement condemning the attack.

"I am angered and saddened to hear of the terrorist attack today in the offices of the Parisian news magazine Charlie Hebdo, which has killed at least 12 individuals, including two police officers," Harper's statement read. "On behalf of all Canadians, I offer my deepest condolences to the family and friends of those who lost their lives during this heinous crime and wish a speedy recovery to those in-

jured. The perpetrators of this attack must be apprehended and brought to justice."

Official Opposition leader Thomas Mulcair held a press conference in which he condemned the attack, and Liberal leader Justin Trudeau and Green Party leader Elizabeth May also issued statements decrying what happened and offering their sympathy.

Flags at the embassy were at half-mast Wednesday, and the mood was somber inside as embassy staff discussed the emerging details of the mass shooting.

"It's very emotional, very

surprising," added Schorderet. "It's not only the freedom of expression that was attacked but it's democracy that has been touched by this attack. We need to show them that we are not going to lie down in front of the pressure."

Schorderet said the outpouring of support from Canadians has touched the embassy deeply.

He said the embassy wouldn't be ramping up security after the attacks, as it was already beefed up after Cpl. Nathan Cirillo was gunned down at the War Memorial in October.

1 NEWS



ottawa
health & wellness
expo

be fit • eat right • think well • go green

Saturday, January 10th, 2015
9 am to 5 pm • Shenkman Arts Centre

KEY SPONSORS



2 for 1 Admission
with this Ad

- Health and Wellness experts, speakers, live demonstrations and much more...
- Over 100 exhibitors in the Be Fit - Eat Right - Think Well - Go Green categories

2015 Keynote Speaker
Lorna Vanderhaeghe

Presentation Topic:
Everything You
Need to Know
About Hormones
Time: 1 pm
Harold Shenkman
Theatre



A smart
woman's
guide to
hormones

Tickets \$8

Expo Admission includes
Keynote speaker*

*(seating is on a first come first served basis)

Purchase your ticket online or at the door

Kids under 12 get in for free

OttawaHealthandWellnessExpo.com



Thar it snows! Winterlude prep begins as cold weather arrives

What a difference a month makes. Jacques Cartier Park looked like golf course in December

JOE LOFARO
joe.lofaro@metronews.ca

Despite December's unseasonably warm weather, preparations for Winterlude are now well underway in Gatineau as crews build the Snowflake Kingdom for the annual celebration.

For the past two weekends, workers had to delay preparations for Winterlude at Jacques Cartier Park due to mild and rainy weather.

"When we arrived on the 29th, it was green like a golf course," said Benoit Briere, manager of operations of the Snowflake Kingdom.



Emma and Thomas Ouellet, ages 8 and 4, slide down a snow hill with Winterlude mascots in Jacques Cartier Park on Wednesday. JOE LOFARO/METRO

But he said it won't affect the launch for Jan. 30.

On Wednesday, a massive

snow cannon was roaring in -20 C weather as it hurled more white powder onto a 30-

foot snow hill — one of four that will be on site at the park.

"It's cold, it's dry, so

the cannons can shoot at the maximum power," said Briere.

Thomas, and Emma Ouellet, 4 and 8, tested the hill out on a large tube they each shared with an Ice Hog, the famous Winterlude mascot.

The slides see upward of 2,000 users an hour on the busiest days, according to organizers.

More than 35,000 cubic metres of snow are needed to create the winter kingdom, which is equivalent to approximately 2,500 dump-truck loads.

Briere expects to be wrapped up by Friday.

He said more than 100 volunteers and contractors work some 500 to 600 hours in the weeks leading up to Winterlude to get the Snowflake Kingdom ready for hundreds of thousands of guests.

Winterlude runs Jan. 30 to Feb. 16 in Ottawa and Gatineau. For more information, visit winterlude.gc.ca.

Société Alzheimer Society OTTAWA AND RENFREW COUNTY

2015 WALK FOR MEMORIES

Your opportunity to support people living with dementia.

100% of proceeds stay local.

www.walkformemories.ca



Who are YOU walking for?

January 25, 2015
Registration - 8 a.m.
Walk - 9 a.m. - 12 p.m.
Inside Carleton University
Fieldhouse

For information:
thicks@asorc.org
or 613-369-5627
www.alzheimer.ca/ottawa

Special Olympics polar plunge chance to give back, police say

An Ottawa Special Olympics team is jumping into the polar plunge trend and urging people to take an icy dip for their own good cause.

The city is hosting the 2015 provincial floor-hockey championships May 7 to 9, but the event needs some cash to help welcome Special Olympics teams from across the province.

So Ottawa police are hosting the first annual Polar Plunge — entitled "Freezin' For A Reason" — at TD Place on Feb. 21. The goal is to raise at least \$25,000 for the championships, which will cost about \$350,000 to run.

The event, which takes place in different venues around the province every four years, will welcome 24 teams, 384 athletes and hundreds of volunteers to Carleton University.

Carmelo Pugliese, the captain of Ottawa's team, said he and his fellow players of 12 years are ready for this tournament.

"The strategy is to practise hard and to go in and have fun," he said.

Ottawa Police Insp. John McGetrick said the police are on board with the event be-



Members of Ottawa's Special Olympics floor-hockey team looked cold at TD Place on Wednesday but they will be feeling the chills in February when they do a polar plunge to raise funds for a tournament. From left: team captain Carmelo Pugliese, Alvin Henrickson, Philip Gaudaur and assistant captain Tim O'Brien. LUCY SCHOLEY/METRO

cause it's an opportunity to give back to the community.

"Policing can be such a confrontational job, just by its design," he said. "Folks don't call us to tell us they're having a great day. It's just the reality of the job, and you do your best to serve the community, but here's an opportunity where it's informal and you're giving back."

A five-foot-deep container full of cold water will be brought into the TD Place Stadium — just big enough for brave philanthropists to do cannonballs in.

Participants must raise at least \$1,000.

For more information about the event, visit specialolympics2015floorhockey.com.

LUCY SCHOLEY/METRO



WINTER SALE EVENT

Only at *Upper Room*
HOME FURNISHINGS



Now
Featuring



2670 Queensview Drive ~ UpperRoomHome.ca

Little Voice

Children's author
heeds her voice

Amanda Bernardo, like many 24-year-olds, was struggling to figure out what to do with her life, but a little voice kept telling her to write.

When the government employee volunteered to read books to elementary-school kids, she was surprised to find many students experiencing similar existential crises.

Looking for a way to inspire youth and follow her own dreams, Bernardo put pen to paper and wrote her first children's book, *Little Voice*. The poem flows over 48 pages and encourages kids to listen to their gut — from helping out around the house to overcoming struggles at school.

"I figured if I could write a book, and a six-year-old could read it today, maybe when they were my age, at 24, they would have this sense of ...

inspiration and hope and passion drilled into them through this message in *Little Voice*," said Bernardo, now 25. "They would feel like it's okay to be who they are."

Maybe Bernardo heard Samantha Clusiau-Lawlor's little voice too.

The two never met before this project, but Bernardo found the 22-year-old graphic designer's portfolio through LinkedIn. The two paired up, with Clusiau-Lawlor as the illustrator.

"I've always wanted to write a kids' book, and it seemed like the perfect opportunity," said Clusiau-Lawlor.

A portion of the book's proceeds will go to the Alzheimer Society of Canada. Bernardo's grandmother is suffering from the disease.

The book is available at the Ottawa Public Library and bookstores.

For more information, visit littlevoicethebook.com.

LUCY SCHOLEY/METRO

Zellers

NEPEAN 2065 ROBERTSON RD., NEPEAN
613-726-1379

WAREHOUSE SALE

SAVE UP TO
85%
on selected mattresses
SEALY, BEAUTYREST, SERTA
and STEARNS & FOSTER

SAVE UP TO
70%
on selected furniture
Choose from a large selection of living room,
dining room and bedroom styles.



SAVE UP
TO **40%**
on selected
major
appliances



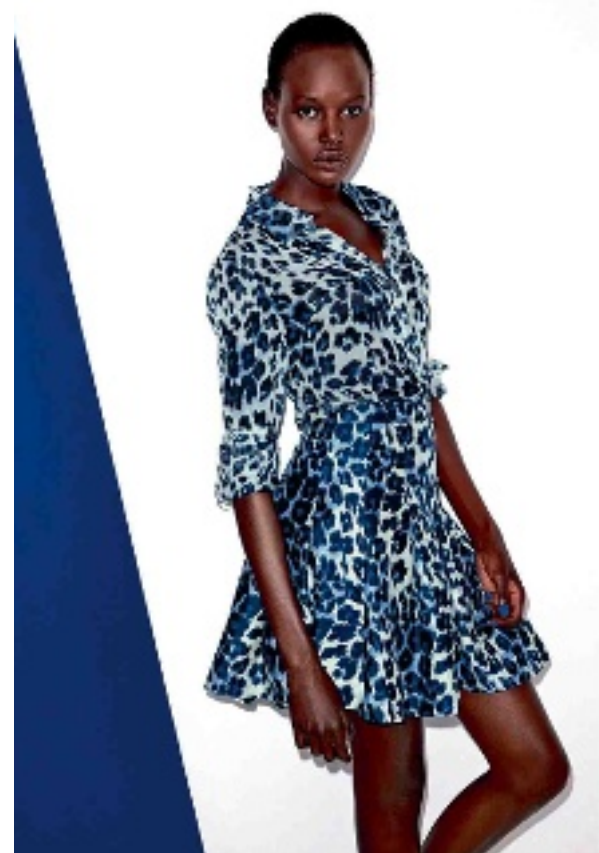
Quantities are limited for 'one of a kinds', 'end of line', 'custom cancellations' and returns. Selection varies by store.

24 EASY PAYMENTS – NO ADMIN FEE – 0% INTEREST FOR 24 MONTHS
On all furniture, major appliances and mattresses when you use your
Hudson's Bay MasterCard® or your Hudson's Bay Credit Card.

Minimum purchase \$499 (excluding delivery charges and taxes). Delivery charges and taxes are payable up front. On approved credit only. Equal monthly payments required. See below for details.

Hours of operation: Mon. – Fri. 9:30 am – 9 pm Sat. 9:30 am – 6 pm | Sun. 10 am – 6 pm

Special Payment Plans are available on approved credit with your Hudson's Bay MasterCard or Hudson's Bay Credit Card on the identified items. Not applicable in Quebec. If you default under your payment terms or under your Hudson's Bay Account Agreement, then the terms and annual interest rate are set out therein. The billing period covered by each statement will be approximately 30 days. For full details, call 1-800-263-2599 or see a store associate. Hudson's Bay, Hudson's Bay Credit, hbc.com and their associated designs are trademarks of Hudson's Bay Company. Credit is extended by Capital One Bank (Canada Branch). Capital One® is a registered trademark of Capital One Financial Corporation. MasterCard and the MasterCard brand mark are registered trademarks of MasterCard International Incorporated. All marks used under licence. All rights reserved.



Winterlude will host a private fashion show on Jan. 30 courtesy of Nordstrom and Ottawa At Home magazine. Diane von Furstenberg, whose dress is pictured, will be among the designers on the runway.

COURTESY NORDSTROM

Winterlude
offers taste
of spring

Fashion. Invitation-only runway event will give capital sneak peak of what shoppers can expect at Nordstrom



LUCY SCHOLEY
lucy.scholey@metronews.ca

Now that the Ottawa Fashion Week is no more, Winterlude will be offering a spring-chic look ahead.

Nordstrom and Ottawa At Home magazine are pairing up to host an invitation-only runway fashion show following the winter festival's opening ceremonies on Jan. 30.

While an informal "winter chic" will be the dress code at this event, those among the 300 invitees will see bright spring fashions on the runway at the Shaw Centre.

"I really felt that a formal fashion show was something that we needed to showcase

in Ottawa as we welcome Nordstrom," said Mary Taggart, editor in chief of Ottawa At Home magazine, who also sits on the committee for the Nordstrom gala opening in March.

The luxury clothing store will fill the void Holt Renfrew leaves when it closes this month.

John Bailey, a Nordstrom spokesman, said invitees to the Winterlude fashion show can expect to see sporty, colourful spring looks for women and different shades of classic menswear.

Hugo Boss, Burberry and Diane von Furstenberg will be among the brands featured on the runway and on the hangers of Nordstrom's new Rideau Centre location.

Those who can't make the Winterlude fashion show can still buy tickets to Nordstrom's opening on March 4. Proceeds will go toward United Way Ottawa and the Ottawa Regional Cancer Foundation.



\$20 is all it takes to start saving for a home addition.

Don't forget: The 2014 RSP deadline is Monday, March 2, 2015.

Whether it's \$20 a week, \$20 a day or even \$20 a pay, it's easy to start saving.

\$20 can buy you a pizza. Or top up your gas tank. It can also start your home addition savings, or plan for your children's education. That's the beauty of saving with TD. With just \$20 a week, \$20 a day or even \$20 a pay, we can kick-start your savings. \$20 isn't a lot. But at TD, it can be the start of something big.

Visit a branch or
TDStartSaving.com



Banking can be
this comfortable.



Jazz fest expands to 2 weekends

Ottawa's jazz festival may not offer non-stop gigs like in New York, but the event is growing.

For the first time since it started in 2012, the TD Ottawa Winter Jazz Festival will be over two weekends instead of just one.

The 17 shows over the Feb. 6-8 and Feb. 13-15 weekends include a special multi-musician 80th birthday tribute to Leonard Cohen, Juno-winning

Esmerine, the Charlie Hunter Trio and Zimbabwean musician Oliver Mtukudzi.

"A part of me feels like listing the whole thing and saying, 'You can't miss any of this,'" said Petr Cancura, with a laugh.

For the first weekend, Ottawa's festival will take place on the National Art Centre's Fourth Stage, as usual. Concertgoers will sit inside the



Esmerine CONTRIBUTED

Dominion-Chalmers United Church for the second weekend of shows.

Other must-sees: Mary Mar-

garet O'Hara, who has a cult following, but performs only a few times a year; Reuben and the Dark, who are bringing their soul-folk blend from Calgary; and the jazz-punk melodies of Hull's FET.NAT.

Tickets for the TD Ottawa Winter Jazz Festival are available online and start at \$18. There are also day passes available starting at \$52.

LUCY SCHOLEY/METRO



Ottawa native Annie Murphy, left, stars in the new CBC comedy *Schitt's Creek*, also starring Catherine O'Hara, Eugene Levy and Daniel Levy. COURTESY CBC

Ottawa actor joins cast of CBC comedy

Schitt's Creek. Annie Murphy lands role of a lifetime in new show starring comic icons



BACKSTAGE
PASS

Jen Traplin
ottawa@metronews.ca

CBC is stepping up its comedy game in a big way with the premiere of its original series, *Schitt's Creek*, created by Eugene Levy and starring a charming local actress, newcomer Annie Murphy.

Murphy plays Alexis, the beautiful and dramatic socialite daughter of Levy's character, Johnny Rose, a wealthy video store magnate who unexpectedly goes broke and has to move his family to the dinky little town of Schitt's Creek, which they once bought as a joke.

SCTV alum and Kevin McCallister's mom, Catherine O'Hara, plays Rose's soap star wife Moira, while series co-creator and Levy's real-life son, Daniel Levy, plays his fictional son, David.

For Murphy, who grew up in Old Ottawa South (and is a serious fan of Colonnade Pizza), landing the role of Alexis was obviously a huge moment.

"When I got the audition, my heart stopped and all of the blood drained from my body because the first thing the audition said was, 'It's a Eugene Levy project' and that Catherine O'Hara would be involved

and I have been a crazy fan of those two human beings for an incredibly long time," she said, adding: "Plus I have Levy eyebrows!"

Murphy has been acting nearly her whole life, starting with small roles in school plays (she played a hyena in her first school performance). Now, she's a graduate of both the Canadian Film Centre Actors' Conservatory and the Theatre Performance Program at Concordia University, and has a number of high-profile acting gigs under her belt.

Schitt's Creek is her biggest project to date. Murphy admits being cast in the series was nerve-racking, to say the least.

"The first day of shooting, I had a scene with Dan, Eugene and Catherine, and there was actually a moment where I had to rehearse the words 'I'm so sorry, thank you for the opportunity, I'm not going to be able to do this' because I was so nervous!" she said.

"But then we got the first take out of the way and now it feels like Dan's my brother and Eugene's my dad and Catherine's my mom. They're just people doing what I'm doing, which is trying to make cool stuff with people that they like and have fun with. It was really nice to find out that they were really wonderful people."

Tune in

Schitt's Creek premieres on Tuesday, Jan. 13 at 9 p.m. on CBC.

FLORIDA IS FOR QUITTERS.

0% APR up to 36 months* **+\$500 BONUS**** in addition to any lease or finance offers.



2015 Tiguan

Highline model shown

Monthly lease starting from the equivalent of

\$108 bi-weekly for 48 months† **1.9% APR**

\$3,395 down payment



Das Auto.

1 800 DRIVE VW

vw.ca

*Limited time finance purchase offer available through Volkswagen Finance, on approved credit based on a new and unregistered 2015 Tiguan 2.0T Trendline base model with 6-speed manual transmission with base MSRP of \$26,600, including \$1,610 freight and PDI, financed at 0% APR for 36 months equals 78 bi-weekly payments starting from \$292. \$2,850 down payment. Cost of borrowing is \$0 for a total obligation of \$25,550. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. **Up to \$500 discount on MSRP available on cash purchase, finance or lease of new and unregistered 2015 Tiguan gas models (GLI models excluded). †Bi-weekly equivalent lease payments of \$108 on the Tiguan shown for example purposes only. Actual lease payments start at \$238 and must be made monthly, not bi-weekly. Limited time lease offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2015 Tiguan 2.0T Trendline base model with 6-speed manual transmission and base MSRP of \$26,600. \$1,610 freight and PDI included. 48-month term at 1.9% APR. \$3,395 down payment, \$290 security deposit and first monthly payment in excess of payment credits (if applicable) due at lease inception. Total lease obligation: \$14,819. 64,000-kilometre allowance; charge of \$0.15/km for excess kilometres. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. ††2015 Volkswagen Tiguan 2.0T 4MOTION® received a 5-star side-crash rating. Government star ratings are part of the U.S. National Highway Traffic Safety Administration (NHTSA) New Car Assessment Program (safercar.gov). Crash performance was based on a U.S.-equipped vehicle. Some features on that model may be optional or not available in Canada. Dealer may sell or lease for less. Dealer order/trade may be necessary. Offers end January 31, 2015 and are subject to change or cancellation without notice. Model shown: 2014 Tiguan 2.0T Highline R-Line, \$40,190. Vehicle may not be exactly as shown. Visit vw.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Das Auto & Design" and "Tiguan" are registered trademarks of Volkswagen AG. © 2014 Volkswagen Canada.

CHEVROLET



HOLIDAY EVENT



ELIGIBLE OWNERS
RECEIVE UP TO **\$1,500** IN HOLIDAY
CASH^{1/2/3}

+PLUS GET SIGN AND DRIVE LEASING⁴ ON SELECT 2015s

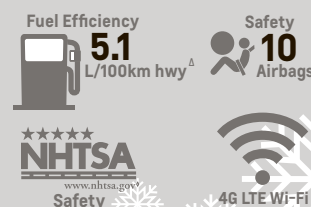
\$0 FIRST MONTH'S
PAYMENT
IT'S ON US! / **\$0** DOWN
PAYMENT / **\$0** SECURITY
DEPOSIT / **\$0** DUE AT
DELIVERY



LTX shown¹¹

REDESIGNED 2015 CRUZE LS

SIGN & DRIVE
LEASE **\$84** @ **1.5%** WITH **\$0** DOWN
PAYMENT
FOR 60 MONTHS⁵ BI-WEEKLY. INCLUDES FREIGHT, PDI & LEVIES.



OFFER INCLUDES \$750 IN HOLIDAY CASH¹

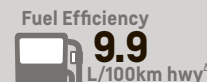
OFFER INCLUDES \$1,000 IN HOLIDAY CASH²

2015 SILVERADO 4X4 DOUBLE CAB 1WT

SIGN & DRIVE
LEASE **\$169** @ **0%** WITH **\$0** DOWN
PAYMENT
FOR 36 MONTHS⁵ BI-WEEKLY. INCLUDES FREIGHT, PDI, LEVIES & \$4,500 CREDIT.³



THE ALL-NEW SILVERADO
2014 NORTH AMERICAN TRUCK OF THE YEAR



LTX Z71 Double Cab 4x4 shown¹¹

OFFER INCLUDES \$750 IN HOLIDAY CASH¹

2015 EQUINOX LS ALL-WHEEL DRIVE

SIGN & DRIVE
LEASE **\$157** @ **0.9%** WITH **\$0** DOWN
PAYMENT
FOR 48 MONTHS⁵ BI-WEEKLY. INCLUDES FREIGHT, PDI & LEVIES.



Best-In-Class^{*}
Rear Seat Leg Room



LTX AWD shown¹¹

ALL 2015s COME WITH
CHEVROLET COMPLETE CARE:

2 YEARS/40,000 KM
COMPLIMENTARY
OIL CHANGES^{**}

5 YEARS/160,000 KM
POWERTRAIN
WARRANTY^{*}

5 YEARS/160,000 KM
ROADSIDE
ASSISTANCE^{*}

CHEVROLET



FIND NEW ROADS[®] / chevrolet.ca

VEHICLE PRICING IS NOW EASIER TO UNDERSTAND BECAUSE ALL OUR
PRICES INCLUDE FREIGHT, PDI AND MANDATORY GOVERNMENT LEVIES.
Prices do not include applicable taxes and PPSA. Consumers may be
required to pay up to \$799 for Dealer fees.^{***}

For the latest information, visit us at chevrolet.ca, drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE. ¹Based on a 60/36/48 month lease for 2015 Chevrolet (Cruze LS 1SA/Silverado 1500 Double Cab 4x4 1WT/Equinox LS AWD 1LS). Annual kilometre limit of 20,000 km. \$0.16 per excess kilometre. OAC by GM Financial. Monthly/bi-weekly payments may vary depending on down payment/trade. A down payment or trade of \$0 and/or \$0 security deposit is required. Total obligation is \$10,958/\$13,169/\$16,283. Option to purchase at lease end is \$6,862/\$17,041/\$13,053. Excess wear and tear and km charges not included. Other lease options available. ²\$4,500 is a manufacturer to dealer delivery credit (tax exclusive) for 2015 Chevrolet Silverado 1500 Double Cab and is reflected in offers in this advertisement. Other cash credits available on most models. See dealer for details. ³For 2015 Chevrolet Silverado 1500 Double Cab 4x4 1WT, MSRP with freight, PDI & levies: \$51,139. 2015 Equinox 1LT, MSRP with freight, PDI & levies: \$39,164. Dealers are free to set individual prices. ⁴The 2-Year Scheduled Lube-Oil-Filter Maintenance Program provides eligible customers in Canada, who have purchased, leased or financed a new eligible 2014MY Chevrolet, Buick or GMC vehicle (excluding Spark EV), with an ACDelco oil and filter change, in accordance with the oil life monitoring system and the Owner's Manual, for 2 years or 40,000 km, whichever occurs first, with a limit of four (4) Lube-Oil-Filter services in total, performed at participating GM Dealers. Fluid top-offs, inspections, tire rotations, wheel alignments and balancing, etc. are not covered. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. General Motors of Canada Limited reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. Additional conditions and limitations apply. See dealer for details. ⁵Whichever comes first. See dealer for limited warranty details. ⁶Government 5-Star Safety Ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.safercar.gov). ⁷Comparison based on 2013 Polk segmentation: Compact SUV and latest competitive data available and based on the maximum legroom available. Excludes other GM brands. ⁸2015 Cruze LTZ, MSRP with freight, PDI & levies: \$28,639. 2015 Silverado 1500 Double Cab 2LT 4x4, MSRP with freight, PDI & levies: \$51,139. 2015 Equinox 1LT, MSRP with freight, PDI & levies: \$39,164. Dealers are free to set individual prices. ⁹The 2-Year Scheduled Lube-Oil-Filter Maintenance Program provides eligible customers in Canada, who have purchased, leased or financed a new eligible 2014MY Chevrolet, Buick or GMC vehicle (excluding Spark EV), with an ACDelco oil and filter change, in accordance with the oil life monitoring system and the Owner's Manual, for 2 years or 40,000 km, whichever occurs first, with a limit of four (4) Lube-Oil-Filter services in total, performed at participating GM Dealers. Fluid top-offs, inspections, tire rotations, wheel alignments and balancing, etc. are not covered. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. General Motors of Canada Limited reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. Additional conditions and limitations apply. See dealer for details. ¹⁰Whichever comes first. See dealer for limited warranty details. ¹¹Offer applies to eligible current owners or lessees of any model year 1999 or newer car that has been registered and insured in Canada in the customer's name for the previous consecutive six (6) months. Credit valid towards the retail purchase or lease of one eligible 2013, 2014, 2015 model year Chevrolet/Buick/GMC/Cadillac car, SUV, crossover and pickup models delivered in Canada between January 3, 2015 – January 11, 2015, (except 2015MY Cadillac Escalade). Credit is a manufacturer to consumer incentive (tax inclusive) and credit value depends on model purchased. \$750 credit available on all eligible Chevrolet, Buick GMC vehicles; \$1,000 credit available on all Cadillac vehicles (except 2015MY Cadillac Escalade). Offer is transferable to a family member living within the same household (proof of address required). As part of the transaction, dealer may request documentation and contact General Motors of Canada Limited (GMCL) to verify eligibility. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives. Certain limitations or conditions apply. Void where prohibited. See your GMCL dealer for details. GMCL reserves the right to amend or terminate offers for any reason, in whole or in part, at any time without prior notice. ²⁰Offer applies to eligible current owners or lessees of any model year 1999 or newer pickup truck that has been registered and insured in Canada in the customer's name for the previous consecutive six (6) months. Credit is a manufacturer to consumer incentive (tax inclusive); \$1,000 credit available towards the retail purchase, cash purchase or lease of one eligible 2013, 2014 or 2015 model year Chevrolet or GMC light or heavy duty pickup (except Colorado/Canyon); delivered in Canada between January 3, 2015 – January 11, 2015. Offer is transferable to a family member living within the same household (proof of address required). As part of the transaction, dealer may request documentation and contact General Motors of Canada Limited (GMCL) to verify eligibility. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives. Certain limitations or conditions apply. Void where prohibited. See your GMCL dealer for details. GMCL reserves the right to amend or terminate offers for any reason, in whole or in part, at any time without prior notice. ³⁰Offer applies to eligible current owners or lessees of any Pontiac/Saturn/SAAB/Hummer/Oldsmobile model year 1999 or newer car or Chevrolet Cobalt or HHR that has been registered and insured in Canada in the customer's name for the previous consecutive six (6) months. Credit valid towards the retail purchase or lease of one eligible 2013, 2014, 2015 model year Chevrolet/Buick/GMC/Cadillac car, SUV, crossover and pickup models delivered in Canada between January 3, 2015 – January 11, 2015, (except 2015MY Cadillac Escalade). Credit is a manufacturer to consumer incentive (tax inclusive) and credit value depends on model purchased. \$1,500 credit available on all eligible Chevrolet, Buick and GMC vehicles; \$2,000 credit available on all Cadillac vehicles (except 2015MY Cadillac Escalade). Offer is transferable to a family member living within the same household (proof of address required). As part of the transaction, dealer may request documentation and contact General Motors of Canada Limited (GMCL) to verify eligibility. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives. Certain limitations or conditions apply. Void where prohibited. See your GMCL dealer for details. GMCL reserves the right to amend or terminate offers for any reason, in whole or in part, at any time without prior notice. ⁴⁰Offer valid to eligible retail lessees in Canada who have obtained credit approval by and entered into a lease agreement with GM Financial, and who accept delivery from January 3, 2015 through January 11, 2015 of any new or demonstrator 2015 model year Chevrolet. City Express excluded at outset of program; will be eligible once residuals become available. General Motors of Canada will pay one month's lease payment or two bi-weekly lease payments as defined on the lease agreement (inclusive of taxes). After the first month, lessee will be required to make all remaining scheduled payments over the remaining term of the lease agreement. PPSA/RDPRM is not due. Consumer may be required to pay Dealer Fees. Insurance, licence, and applicable taxes not included. Additional conditions and limitations apply. GM reserves the right to modify or terminate this offer at any time without prior notice. See dealer for details.

Halifax. Major house fire leaves 2 dead, 1 missing

Two people are dead and another person is unaccounted for as Halifax firefighters and police investigate a major blaze outside the city.

Halifax regional fire personnel were called to the home in the 5,000 block of Guysborough Road — near what is known locally as Wyse's Corner — around 4:30 p.m. on Wednesday. As of 9:45 p.m., 10 fire trucks and 30 firefighters were still on scene battling the blaze, which is located about an hour outside of Halifax.

Fire spokesman Brendan Elliott confirmed that at least two people have died.

"We just haven't had a

chance to go through the house in its entirety," he said. "Because of the safety and security of the building, they are still putting out hot spots."

RCMP spokeswoman Cpl. Karine Bernier says a third person remains unaccounted for.

Elliott said they were called about the fire by someone driving by the home.

He said the home has a metal roof which has made it a difficult one for them to tackle.

"We were still in a defensive mode an hour and a half into the fire," he said.

METRO/THE CANADIAN PRESS

Syrian refugees

Canada must back up promise: Critics

A promise to 10,000 Syrian refugees that they will be able to find safe haven in Canada in the next three years needs to be backed up by a better asylum program

to get them here, refugee groups and opposition politicians said Wednesday.

The Conservative government made the new commitment after months of pleading from refugee groups and Syrian Canadians for a drastic increase in the number of spaces.

THE CANADIAN PRESS

Oilsands use inconsistent with global warming battle: Report



An oil sands facility near Fort McMurray, Alta. A new study says most of Canada's oil sands will have to be left in the ground if the world gets serious about climate change. THE CANADIAN PRESS FILE

Study's conclusion.

A third of world's oil reserves, half of gas reserves and 80 per cent of coal reserves should remain unused

British researchers have concluded that most of Canada's oil sands will have to be left in the ground if the world gets serious about climate change.

The report, in the journal *Nature*, says three-quarters of Canada's oil reserves and 85 per cent of its oil sands can't be burned if the world wants

Quoted

"Every country can't exploit all of their domestic reserves and keep to two degrees."

Report author Christophe McGlade of University College London

to limit global warming. It adds one-quarter of Canada's natural-gas reserves and four-fifths of its coal would also have to be left in the ground.

The report concludes that no country's Arctic energy resources can be developed if global temperature increases are to be kept manageable.

Report author Christophe McGlade of University College London says the research was undertaken in response to agreement from politicians around the world that global warming should be limited to within 2 C of historic averages. At the same time, said McGlade, most are enthusiastic boosters of their own country's fossil fuels.

"What this analysis shows is that those two positions are inconsistent," he said.

The study is the latest into the implications of the total amount of carbon emissions that can be released and still stay below a two-degree temperature increase.

THE CANADIAN PRESS

FRENCH, ENGLISH as a SECOND LANGUAGE

PART TIME

12 weeks (36 hours in class and 36 hours online)

FRENCH AS A SECOND LANGUAGE (10 LEVELS)

January 13 to April 11, 2015

Evenings: 6 pm to 9 pm (10 Levels)

Saturdays: 9am to noon (7 Levels)

ENGLISH AS A SECOND LANGUAGE (6 LEVELS)

January 13 to April 11, 2015

Evenings: 6 pm to 9 pm (6 Levels)

NEW! Saturdays: 9 am to noon

FULL TIME

4 weeks (60 hours in class and 60 hours online)

FRENCH AS A SECOND LANGUAGE (6 LEVELS)

January 12 to February 6, 2015

Levels 1, 3 and 5: 12:30 to 3:30pm

Levels 2, 4 and 6: 9am to noon

February 17 to March 13, 2015

Levels 1, 3 and 5: 9am to noon

Levels 2, 4 and 6: 12:30 to 3:30pm

FEES: \$35.00

(Immigrants, new Canadians, Refugees whose language is not English.)



Éducation Permanente 181 Donald St., Ottawa
Tel. 613-741-2304 ext. 3; Fax 613-741-2191
www.educationpermanente.ca



Cosby cheered in Kitchener, kicks off tour amid protests

Bill Cosby was greeted with cheering and applause as he walked on stage Wednesday night in Kitchener, Ont., wearing a grey sweatshirt with the phrase "hello friend."

Cosby was set to stare down local opposition as he kicked off the first of three Ontario shows amid brewing tensions and mounting allegations of sexual assault.

"First of all, thank you," he said emphatically, before launching into jokes about the cold Canadian weather.

The comedian promised fans "the show of their life"

ahead of his first time on stage since November, but a number of ticket holders announced plans to skip the performance, while others sought to sell their tickets.

Nonetheless, a steady flow of ticket holders streamed into Kitchener's Centre In The Square, walking past a handful of protesters hoisting signs that read "rape is not a joke" and "I support the victims." Police officers were also present, as were a swarm of journalists.

At one point three protesters temporarily blocked the

main doors into the venue while one woman heckled ticket holders, saying they should be "ashamed" of going to see Cosby.

In recent weeks, at least 18 women — including three who came forward in Los Angeles on Wednesday — have accused the 77-year-old Cosby of sexually assaulting them, with some allegations dating back decades.

Cosby is also scheduled to perform in London on Thursday and Hamilton on Friday, and protests are planned in both cities. THE CANADIAN PRESS

Tory donors on Nutrition North board

The board that advises the federal cabinet minister in charge of Canada's controversial Nutrition North food-subsidy program is almost entirely made up of Conservative donors, public records show.

Five of the six people appointed to the Nutrition North advisory board have donated money to the Conservatives.

One of the five Conservative donors also gave to the Liberals, while a sixth mem-

ber has not contributed to any party.

The individual donations range from \$20 to \$1,200 and span a time frame of February 2007 to July 2014.

And at least three board members, who get expenses but no salary for their work, appear to be involved with organizations or businesses that have received federal government funding, either directly or indirectly.

The Nutrition North pro-

gram, a \$60-million annual food-subsidy intended to help offset the high cost of nutritious food in the North, has been under scrutiny ever since auditor general Michael Ferguson's fall report came out.

In it, Ferguson revealed that the program's overseers are largely in the dark about whether Nutrition North is actually doing anything for the people who need it the most. THE CANADIAN PRESS

You don't have to be Tie Domi to
STAND UP to the BIG GUYS



\$49⁹⁵
/month

	Bell	Rogers	comwave®
INTERNET SPEED	Up to 5 Mbps	Up to 10 Mbps	Up to 6 Mbps
DATA USAGE	UNLIMITED	25GB	UNLIMITED
HOME PHONE	UNLIMITED LOCAL	UNLIMITED LOCAL	UNLIMITED LOCAL
PRICE	\$109.99	\$86.40	\$49.95

You Save \$719.10
/year

6 Months FREE



comwave[®]
www.comwave.net

1-866-516-0231

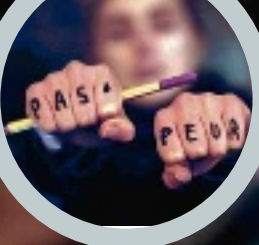
All trademarks are either the registered trademarks or service marks of their respective owners. All other trademarks are the property of their respective owners.

The reaction, in pictures

1



2



1 Je Suis Charlie.

A man wears a "Je Suis Charlie" sticker on his back in Trafalgar Square in London to show their respect for the 12 people killed in Paris on Wednesday.

AFP/GETTY IMAGES

2 Not afraid.

A woman holds up her hands bearing the words "Not afraid" in French during a gathering Wednesday in solidarity with the victims of a terror attack against French satirical newspaper Charlie Hebdo in Paris.

THE ASSOCIATED PRESS

3 Mighty pen.

A person holds a pen, a symbol of liberty of press, as crowds gather at Place de la République during a vigil following the terrorist attack on Wednesday.

MARC PIASECKI/GETTY IMAGES

French police ID suspects in deadly newspaper attack

Paris, France. Twelve people killed in attack on satirical newspaper Charlie Hebdo

Two heavily armed men in black, their faces hidden by ski masks, take down a police officer on a Paris sidewalk with a spray of bullets. One walks up to the victim, who is sprawled on the ground, and delivers a final shot to the officer's head despite the arm raised in a final plea for mercy.

The cold-blooded killing Wednesday came just after a massacre minutes earlier in the offices of the satirical French weekly Charlie Hebdo.

Eight journalists, two police, a maintenance worker and a visitor were killed, said prosecutor François Molins. He said 11 others were wounded — four of them seriously. The newspaper's editor and cartoonist Stéphane Charbonnier, widely known by his pen name Charb, was among those killed.

The killers were heard crying "Allahu akbar!" — Arabic for "God is great!" — and saying they were avenging the Prophet of Islam, a video shows.

French officials identified the suspects as French brothers Said and Cherif Kouachi, in their early 30s, and 18-year-old Hamyd Mourad, whose nationality wasn't clear.



People hug each other on Wednesday outside the French satirical newspaper Charlie Hebdo's office in Paris, France.

REMY DE LA MAUVINIÈRE/THE ASSOCIATED PRESS

In a sombre address to the nation Wednesday, President François Hollande pledged to hunt down the killers, and pleaded with his compatriots to come together in a time of insecurity and suspicion.

"Let us unite, and we will win," he said. "Vive la France!"

Schools closed across Paris, although thousands jammed République Square near the site of the shooting, waving pens and papers reading "Je suis Charlie," meaning "I am Charlie." THE ASSOCIATED PRESS

Values threatened

"Canada and its allies will not be intimidated and will continue to stand firmly together against terrorists who would threaten the peace, freedom and democracy our countries so dearly value."

Prime Minister Stephen Harper

Attack on free press

"This abhorrent act is not just an attack on the life of French citizens and the internal security of France. It also represents an attack on freedom of opinion and of the press, a core element of our free and democratic culture."

German Chancellor Angela Merkel

Paper's evocative style

Charlie Hebdo has a long history of provocation

The French newspaper Charlie Hebdo's staple is provocation — and it pokes fun at popes, presidents as well as the Prophet Muhammad.

The satirical weekly has a history of drawing outrage across the Muslim world with crude cartoons of Islam's holiest figure.

The magazine's offices were firebombed in November 2011 after it published a spoof issue that "invited" Muhammad to be its guest editor and put his caricature on the cover.

A year later, the magazine published more Muhammad drawings amid an uproar over an anti-Muslim film. The cartoons depicted Muhammad naked and in demeaning or pornographic poses.

As passions raged, the French government defended free speech even as it rebuked Charlie Hebdo for fanning tensions.

THE ASSOCIATED PRESS

Charlie Hebdo. Cartoonists commend evocative style

"I thought, 'Oh jeez, it's finally happened.'"

Wes Tyrell had gotten a late start in his studio when he began receiving messages and calls from friends in the cartoonist community about the massacre at the French satirical magazine Charlie Hebdo.

Tyrell, a cartoonist for Yahoo News and head of the Association of Canadian Editorial Cartoonists, has long been a fan of Charlie Hebdo. Not necessarily a fan of every cartoon, he makes sure to say, but of its provocative style and, especially, the courage of its staff to stand up to violence and threats.

Charlie Hebdo's cartoonists have always been as provocative as they could be, as provocative as cartoonists ever get, Tyrell said.

In one cartoon, for example,

a naked Prophet Muhammad is bending over with a star over his anus and the text, in French, reads "A star is born."

The cartoonists have been "equal opportunity offenders" who lampooned not only Islam, but other religions as well along with French political figures, Tyrell said.

"They were very, very eager to go after just about anybody, but the difference being, not everybody out there is trying to kill them," he said.

Michael de Adder, a Canadian political cartoonist, questions if anyone will be willing to continue in Charlie Hebdo's footsteps.

"If they did, they'd certainly have a big target on themselves," he said. "It would be courageous to restart it."

JESSICA SMITH CROSS/METRO IN TORONTO

A profile of five victims

The 12 people killed in the terrorist attack on the satirical newspaper Charlie Hebdo included a prominent economist and some of France's leading cartoonists. A look at some of the victims:

Stéphane Charbonnier, 47, known as Charb, was chief editor of Charlie Hebdo, as well as one of its top cartoonists and a stout defender of its

provocative approach.

Bernard Maris, 68, gained prominence as both an economist and a journalist. He wrote a weekly column in Charlie Hebdo called "Uncle Bernard."

Jean Cabut, 76, widely known as Cabu, established himself as one of France's best-known cartoonists over a career that spanned 60 years.

Georges Wolinski, 80, was

another of Charlie Hebdo's veteran cartoonists. His works had appeared in Hara-Kiri, Paris Match and numerous other publications.

Cartoonist Bernard Verlhac, who drew under the name Tignous, was born in Paris in 1957. He was a member of a group of artists called Cartoonists for Peace.

THE ASSOCIATED PRESS



From left: Cartoonists Georges Wolinski and Jean Cabut, Charlie Hebdo chief editor Stéphane Charbonnier, known as Charb, and economist and journalist Bernard Maris. THE ASSOCIATED PRESS

VOICES

THE WAR AGAINST FREE PRESS

A dozen people lost their lives in Paris Wednesday over cartoons. Metro grieves with the rest of the world and reaffirms the importance of freedom of expression



FERNANDO CARNEIRO
readers@metronews.ca

I'm a lifelong fan of editorial cartoons. They have made me laugh, made me question my viewpoints and moved me deeply.

I have been sad and angry since seeing Twitter headlines about 12 people, mostly journalists, shot dead by extremists in France.

There's the horrific loss of life — the killing of people who worked every day to

stimulate minds through their craft. Then there's the attempt at intimidation — the killers' effort to silence people who ask questions.

Asking questions is how we learn and evolve. This freedom must be defended.

I'm not just a fan of editorial cartoons, I'm a believer in what they represent.

Editorial cartoons aren't necessarily meant to be funny, although they can be; they are commentary. The cartoons being distributed around the world today are good examples.

Of Wednesday's editorial cartoons, I was most affected by the one drawn by Carlos Latuff. It shows the gunmen firing at the offices of Charlie Hebdo, a trail of blood, and the bullets eventually going through the walls and hitting a mosque behind it.

I hope it doesn't happen, but I imagine innocent Muslims will now face a backlash.

If violence breeds violence, I'm certain that editorial cartoonists will continue to raise their pencils and take aim at that, too.

Fernando Carneiro is the National Deputy Editor of Metro English Canada.

Don't call attack 'barbaric': Prof



JOE LOFARO
readers@metronews.ca

A Carleton University professor says world leaders such as Prime Minister Stephen Harper should not describe the deadly attack on a Paris news magazine that killed 12 people Wednesday morning as a "barbaric" act.

Karim H. Karim, a professor at the university's School of Journalism and Communication, said when the word is used to condemn religiously motivated acts of violence, some religious groups interpret it to mean that they as a whole are barbaric.

Video footage of the attack appeared online showing a man wearing a hood carrying an assault rifle shoot and kill a police officer on a Paris sidewalk at point-blank range. Three attackers killed Charlie Hebdo's veteran cartoonists, editor and others at the magazine's office after recent publications of cartoons depicting Islamic figures in controversial ways.

Harper and French president François Hollande called the Paris attack "barbaric" in statements Thursday.

"I don't think it's being helpful to basically cast these words out. When leaders do this a lot of people are listening," said Karim in an interview with Metro.

"When 'barbaric' gets attached to them, these are the kind of stereotypes and images that are being built up. What is achieved by using rhetoric like that?"

Although the attack received praise by supporters of the militant Islamic State group, no specific group has immediately claimed responsibility for it.

Karim, a former journalist who teaches communications studies, denounced the attacks, calling them "heinous."

But he argued that using words such as "violent" and "cruel" would be more appropriate than "barbaric," which has a "moralistic tone which pits one civilization against another."

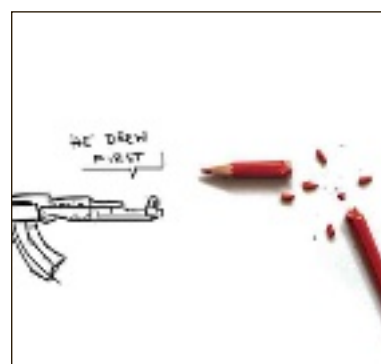
Karim did not say the media should outright ban the publication of the cartoons, but he said there needs to be a context justifying why they should be reproduced.

"I would not say never do this," he said.

"I think if we have very strong convictions and we are justified in what we feel we should be doing, then we should do it."

— with files from *The Associated Press*

Cartoonists around the world respond to shooting



Clockwise from top left: Michael De Adder, for Metro News Canada; Rafael Mantesso, Brazil; Loïc Sécheresse, France; Ruben L. Oppenheimer, The Netherlands; Carlos Latuff, Brazil.

Gossip

NED EHRBAR

METRO'S TAKE ON
THE WORLD OF
CELEBRITIES



Phylicia Rashad ALL PHOTOS GETTY IMAGES

Cosby's TV wife defends him and raises conspiracy theory

Phylicia Rashad, Bill Cosby's TV wife, has kept mum on the allegations of years of sexual assault plaguing the comedian.

But at the prodding of Showbiz 411's Roger Friedman, she's reconsidering her previous position about not wanting "to become part of the public debate."

So where does she stand? Firmly in Camp Cosby.

Of course, it's not enough for Rashad to just dismiss the accusations from the numerous women claiming Cosby abused them over the past few decades, she also has to suggest some sort of greater conspiracy going on.

"Forget these women. What you're seeing is the destruction of a legacy. And I think it's orchestrated," Rashad says. "Someone is de-

termined to keep Bill Cosby off TV. And it's worked. All his contracts have been cancelled."

As for her old gig on The Cosby Show, Rashad says, "This show represented America to the outside world. This was the American family. And now you're seeing it being destroyed. Why?"

Maybe it's the Illuminati?

Aniston awash with fears after her near-fatal tricycle accident: Honest!

Jennifer Aniston is finally speaking out about a debilitating fear that has kept her from enjoying the thrill and adventure of scuba diving.

"I basically have a real fear of going underwater," she admitted during a recent post-screening Q&A for her film, Cake, according to E! News.

"I was a kid, and I was riding this tricycle around a swimming pool, and I drove my tricycle into the swimming pool, and I didn't let go and my brother tried to (help me). So I can't go underwater and no one will believe me. I honestly can't."

We're still deciding what colour ribbon should be



Jennifer Aniston

worn to raise awareness and support for this terrible condition, but we'll keep you posted.

Church convinces Cruise to dig himself a giant hole

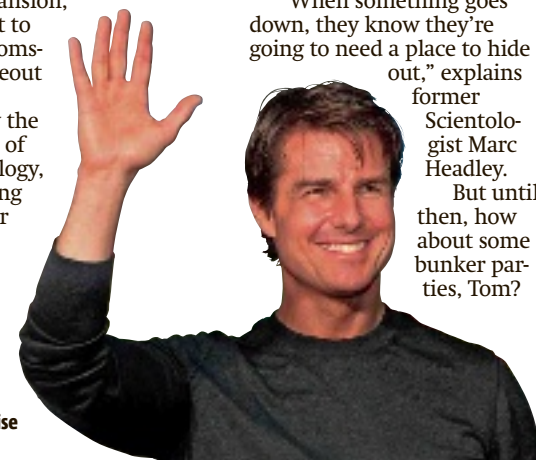
I thought it had been a while since we'd had a good "Tom Cruise does something crazy" story. Good news, there's a new one.

The Edge of Tomorrow star reportedly spent millions on an underground bunker beneath his Beverly Hills mansion, thought to be a doomsday hideout encouraged by the Church of Scientology, according to Radar Online.

The site got hold of permit documents filed with the City of Beverly Hills that show a massive amount of work excavating the bedrock under Cruise's tennis court to build a structure that includes a gym, laundry facilities and two bedrooms.

"When something goes down, they know they're going to need a place to hide out," explains former Scientologist Marc Headley.

But until then, how about some bunker parties, Tom?



Tom Cruise



IT'S SHOWTIME!

SATURDAY, JANUARY 10 & SUNDAY, JANUARY 11

2 FREE MOVIE TICKETS!

SPEND \$75 OR MORE & RECEIVE 2 FREE CINEPLEX ADMIT ONES.*

Visit shoppersdrugmart.ca or the store nearest you for details.

*Some conditions may apply. See cashier for details.

Offer valid Saturday, January 10 & Sunday, January 11, 2015.

UP TO
\$25
VALUE



SHOPPERS DRUG MART

Leaping off the page and into the multiplex

Film adaptations. Put down your bookmarks and head to the movie theatre: A giant crop of novels is coming to the big screen this year

A selection from the clutch of notable page-turners set to hit big screens in the coming year, from literary thrillers to romantic and young adult fiction, classics to recent releases and everything in between.

The World Made Straight Based on the book by Ron Rash

After the harrowing industrial tale *Serena* was turned into a film in 2014 (early 2015 for U.S. audiences), Rash's earlier 2006 novel of American historical fiction is expanded from an O. Henry Prize story. David Burris makes his debut as a feature film director with Jeremy Irvine of Steven Spielberg's *War Horse* as high school dropout Travis and Noah Wyle (Spielberg TV project *Falling Skies*) the ex-teacher with a sideline in drug dealing who takes him in. Has a Jan. 9 date in the U.S.

Mortdecai Based on The Mortdecai Trilogy by Kyril Bonfiglioli

The Wodehouse-esque Charlie Mortdecai flits from page to moving picture, Johnny Depp playing the bumbling aristocratic charmer and inadvertent espionage agent tasked with the retrieval of a crucial piece of art on behalf of the British government. Gwyneth Paltrow, Ewan McGregor, Olivia Munn and Paul Bettany provide further comedic support with David Koepp (*Ghost Town*) directing. Arriving the week of Jan. 23 for cinemagoers in select countries.

Brooklyn Based on the book by Colm Toibin

An increasingly influential figure in contemporary fiction over the last 20 years, Irish author Toibin is poised to make the transition to film as this acclaimed story of love, trust, and transatlantic choice finds its way to cinema screens courtesy of director John Crowley (*Boy A*), with its main roles inhabited by Saoirse Ronan (*The Grand Budapest Hotel*), Star Wars Episode VII man Domhnall Gleeson, and Emory Cohen (*The Place Beyond the Pines*). A premiere at the Sundance Film Festival late January is expected to precede more general availability later in the year.



An adaptation tailor-made for sexy librarian types: *Fifty Shades of Grey*, starring Jamie Dornan and Dakota Johnson, is due out in February. CONTRIBUTED



Fifty Shades of Grey Based on the book by E. L. James

Jamie Dornan (*TV series The Fall*) and Dakota Johnson

The Divergent Series: Insurgent Based on Insurgent by Veronica Roth

With *Mockingjay* — Part 2 looming, is there room for more than one female-led young adult fiction adaptation in the year? 2014's *Divergent* says yes, and for 2015's installment, Shailene Woodley and Theo James continue their search for truth in a dystopian

society. Like fellow young adult fiction film versions *The Hunger Games*, *Harry Potter* and *Twilight*, the series' third book will be

split into two parts, arriving in March of 2016 and 2017 respectively. March 20, 2015, marks the week for *Divergent* trilogy fans to stake out local multiplexes.

Dark Places Based on the book by Gillian Flynn

Now established as a major name in both fiction and film, Flynn's second adaptation comes hot on the heels of *Gone Girl*, again a murder mystery concerned with the fallibility of human witness. Starring roles for Charlize Theron, Christina Hendricks, Chloë Grace Moretz and Nicholas Hoult directed by award-winning Frenchman Gilles Paquet-Brenner. With Northern European releases already dated for March and April, an international roll-out in early 2015 remains within the realms of possibility.

Child 44 Based on the book by Tom Rob Smith

Smith's Man Booker long-listed thriller was inspired by the story of a real-life serial killer active over two decades and serves to explore life in the Soviet Union during the 1980s and '90s. Daniel Espinosa (*Safe*

House) is bringing that to screen under the supervision of Ridley Scott, with Tom Hardy to menace in the main role with other cast members to include Noomi Rapace, Gary Oldman, Vincent Cassel, Paddy Considine, Fares Fares, Joel Kinnaman and Dev Patel. From the week of April 17.

Paper Towns Based on the book by John Green

After the success of 2014's breakout teen romance *The Fault in Our Stars*, John Green's novels are ripe for cinematic adaptation, with the same production team returning for *Paper Towns*. Nat Wolff moves up on the billing to star as Quentin Jacobsen, under the spell of enigmatic, anarchic Margo (Cara Delevingne, *Anna Karenina*), while Sundance award winner Jake Schreier directs. A June 5 release is set for the U.S. with other territories following in July and August.

The Maze Runner: Scorch Trials Based on The Scorch Trials by James Dashner

The second in Dashner's trilogy of futuristic dystopian survival adventures, which, in contrast to *Insurgent* and *The Hunger Games*, focuses primarily on male characters. Unafraid to alter elements of the original story for cinematic effect, the 2014 series starter led to a \$340-million box office; Dylan O'Brien continues in his role as Thomas, whose group of young survivors are

plunged into a second grand experiment intended to bring humanity back from the brink. International rollout begins the week of Sept. 18.

Victor Frankenstein Based on Frankenstein by Mary Shelley

Having added theatrical performances and indie movie credentials to his resumé since the *Harry Potter* days, Daniel Radcliffe appears a sound choice for a film whose main role is not that of the eponymous scientist nor his monstrous invention but the hunched assistant Igor in this alternative retelling of Mary Shelley's classic horror novel. Max Landis of *Chronicle* fame provided the atypical screenplay for Paul McGuigan (*Lucky Number Slevin*) to direct. Theatrical showings start the week of Oct. 2.

The Jungle Book Based on the book by Rudyard Kipling

The first of two major studio reworkings of the Rudyard Kipling stories, this Disney proposal favours a live-action interpretation with *Iron Man 2* director Jon Favreau at the helm, newcomer Neel Sethi as Mowgli, and a host of Hollywood names in support including Bill Murray, Idris Elba, Lupita Nyong'o and Scarlett Johansson. Showings commence the week of Oct. 9.

Inferno Based on the book by Dan Brown

Tom Hanks once again inhabits the shoes of curious academic Robert Langdon, enveloped as ever by conspiratorial plots, as he heads back to Italy for another adventure. Ron Howard remains in the director's chair, his name also attached to the March adaptation of Nathaniel Philbrick's *In the Heart of the Sea* (Chris Hemsworth, Cillian Murphy, Benjamin Walker). Due Oct. 15.

The Hunger Games: Mockingjay — Part 2 Based on Mockingjay by Suzanne Collins

Inadvertently sparking discussion (along with *The Hobbit*) over the wisdom of splitting one book into several parts, *The Hunger Games* concludes as heroine Katniss Everdeen (Jennifer Lawrence) at last assumes responsibility as leader of a revolution. Film studio Lionsgate will want to see an upturn in box office returns after the franchise slump of Part 1; a timely DVD and VOD release of its predecessor could help boost audiences for the final film. AFP

Celebrities

Benedict Cumberbatch
GETTY IMAGES

Benedict is going to be a Cumberdad

Apparently being engaged and generally adored isn't enough for Benedict Cumberbatch and fiancée Sophie Hunter. The happy couple have confirmed they're also expecting their first child.

Some people, huh? "I am delighted to confirm that Benedict Cumberbatch and Sophie Hunter are expecting their first child," their rep tells *Us Weekly*. "They are both over the moon."

So what should their future spawn and instant meme be named?

We consulted the Cumberbatch Name Generator to find out. If it's a girl, Buttercup or Boobytrap. And if it's a boy, Coggle-snatch or Rinkydink.

Naturally. All the best to the happy couple!

NED EHRBAR

Books

New Jewel book will reveal her complicated life

Musician and actress Jewel is going back to the books. She has a deal with Blue Rider Press for a memoir scheduled to come out in the fall.

In 1998, Jewel's *A Night Without Armor* became the rare poetry collection to sell more than one million copies. Blue Rider says Jewel will reveal a "far more complicated life" than previously known. She will write about her childhood and career while offering writing advice and insights on being a mother.

The 40-year-old singer was born Jewel Kilcher. She had one of the most successful debuts in history with the 1995 album *Pieces of You*. Her other albums include *Spirit and This Way*.

THE ASSOCIATED PRESS



Jewel

My Husband's Not Gay sends wrong message, activists fear

Television. TLC show based on two married Mormon dads who are also attracted to men draws comparisons to gay conversion therapy

Preston "Pret" Dahlgren has led what might seem like a picture-perfect Mormon life: He met his high-school sweetheart in Sunday school as a teenager, completed his mission and married her. He is active in the church and the proud father of two young daughters.

But Dahlgren is also attracted to men.

His story is the subject of a new TV show called *My Husband's Not Gay*, which gay-rights groups are calling irresponsible and dangerous. They want the TLC cable network to pull the plug before the program airs on Sunday.

Dahlgren and another Mormon man featured in the show say they're happy in their marriages, and they hope the show gives stories like theirs a foothold in the conversation about sexuality.

Dahlgren said he's known he was attracted to men since he was about 12, but he also



My Husband's Not Gay debuts Sunday on TLC. CONTRIBUTED

always wanted the kind of family he grew up in: with a father, mother and children.

"There are a lot of stories out there," Dahlgren, 32, said. "This just isn't one of them."

However, gay-rights group GLAAD says the show sends the wrong message and is a sad reminder of so-called gay conversion therapy — faith-based efforts designed to change sexual orientation that can be emotionally scarring. In 2013, New Jersey and California banned therapists from practising gay conversion therapy on children and teenagers. The American Medical Association and the American Psychological Association do not support the therapy.

"No one can change who they love, and, more importantly, no one should have to," GLAAD president Sarah Kate Ellis said in a statement. "By investing in this dangerous programming, TLC is putting countless young LGBT people in harm's way."

The organization pointed to a change.org petition asking TLC to cancel the show that so far has gathered more than 80,000 signatures.

Responding to GLAAD, the network says it will tell compelling stories about different ways of life, and the four men on the hour-long show speak only for themselves.

Megan Dahlgren says her marriage remains strong, in-

Quoted

"We do have a happy, healthy sex life."

Megan Dahlgren, wife of gay Mormon man featured in controversial TLC show

cluding the physical aspects of their relationship. "We do have a happy, healthy sex life."

She suggested her upbringing in The Church of Jesus Christ of Latter-day Saints was a big part of why she wants to remain in the marriage.

"I would say it was part of my decision, early on especially, and a big influencer of that," she said. "It certainly helped guide me toward where I'm at today, no doubt about it."

Church spokesman Eric Hawkins said in a statement that marriage is deeply personal. "While the church does not promote marriage as a treatment method for same-sex attraction, couples who are trying to be lovingly supportive of each other while being true to their religious convictions deserve our support and respect"

My Husband's Not Gay is not the only show about people from Utah in unusual marriages. TLC also airs the shows *Sister Wives* and *My Five Wives* about polygamous unions. **THE ASSOCIATED PRESS**

Tracy Ullman on the across-the-pond series switch

Television. The British laughmaker chats about borrowing a country's small screen concepts

NED EHRBAR
Metro in Hollywood

British actress and comedian Tracy Ullman has more than earned her place in television history after multiple successful shows based around her chameleon-like ability to take on characters — plus hosting the show that launched a little animated family called the Simpsons. But she's far from done, and she has a few choice opinions about the state of the entertainment industry.

Would you say the U.S., in its Golden Age of television, has actually just been co-

What's the next big thing?

- "Sketches are hard because people have no focus. What's that thing that's six seconds? Vine? You look at that and you go, 'What was that? A couple of guys had a moment, something really funny, but it's gone.' So if you do a show nowadays, nobody can concentrate for more than six seconds?"

opting a lot from British television?

Well, there's always been changing formats for many, many years. I mean, *Sanford and Son* was a British show, you know. All in the *Family* was a British show. People took the formats from England and made shows here, so there's always been a cross-cultural exchange.

When I first came to America in the '80s, there was *Saturday Night Live* always, but there was nothing else. I remember they brought *Spitting Image* to America in the '80s with the puppets, and they impersonated Reagan. I remember seeing it on NBC and saying to my husband, "They'll never stand for that in this country, because they still respect the president. They won't let that stand." And I was right, it was off in two weeks. And yet now, late-night satire is just unbelievable. There wasn't a lot of that when I first got here. That was a very British thing.

What about very American things?

We, in England, would kill to develop something as great as *Friends*. I love *Friends*. It's a lovely comfort food to me. It's brilliant. My kids watch an episode every night before they go to sleep, and my daughter

watches *Golden Girls*.

Have you thought about doing more shows like *The Tracy Ullman Show* and *Tracy Takes On*?

I mean, yeah, I've done that eclectic multi-character thing. I'm getting older now, and you begin to think, God, what's funny? What can you say? It's tough.

It's bleeding rough out there. (Adopts a deep news anchor voice.) "Terrorism, cyber-terrorism threat, breaking news, blackened stool problems, are you allergic to this? Have you got a lawsuit? Did you take this drug in the last six months? You could die! Five things in your refrigerator that could you kill you!" It's like, good God, what can we laugh at? Don't say this, don't say that.

But there's always something to laugh at. I'm going to write something in the *New Year*."



Tracy Ullman GETTY IMAGES

What's cool in winter trends

Looks. Chill nails and lips complement sleeker hair and smoky eyes this season

MARIANNE HAYES

Metro World News in New York City

Winter has officially arrived with its frigid temps. Translation: new beauty trends are upon us. Here to give you the rundown of what's trending this season is beauty blogger Angela Peters of Hairspray & High-heels. Read on for some of winter's hottest looks in hair, makeup and nails.

Hair: Polished looks and bizarre colouring

It looks like the tousled, messy hair of summer is officially behind us. Taking its place is a sleeker, more refined look that in some ways represents a return to basics.

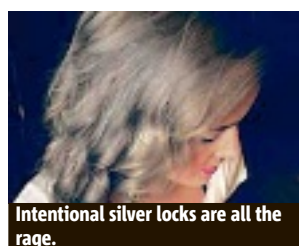
"Everything is much more polished," says Peters. "Braids are really in, but they're tight — not the messy waterfall braids."

Subtle teasing is also guiding winter hairstyles. (Yes, teasing.) But rest easy: the '80s aren't making a comeback anytime soon. Instead, think high volume at the crown of the head, paired with super-straight hair.

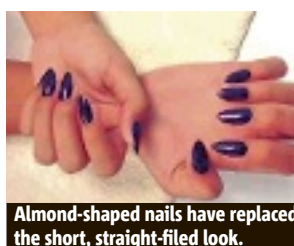
"It's really about a lot of crown teasing so you're getting that lift," says Peters,



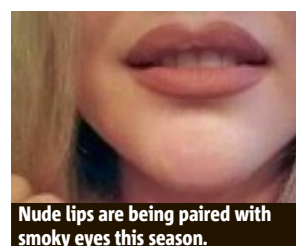
Baby, it's cold outside, but that doesn't mean you can't be stylish. ISTOCK



Intentional silver locks are all the rage.



Almond-shaped nails have replaced the short, straight-filed look.



Nude lips are being paired with smoky eyes this season.

who describes the trend as a throwback to the '60s.

As for colour, perhaps the most eye-grabbing trend women are sporting this season is intentional grey. Everyone from Rihanna to Kelly Osbourne has gotten in on the silver locks.

Nails: Almond shaping and winter hues

Stars like Iggy Azalea and Rita Ora are really leading the charge when it comes to nail shaping. The truth is that longer, almond-shaped nails are rapidly replacing the shorter, straight-filed

look. Mountain peak nails (a.k.a. stiletto nails) are also sweeping salons. The look is exactly what the name implies: Angular, pointy nails.

"Instead of a play on colours, the season is really going to be about nail shaping," says Peters.

"The almond shaping and mountain peak nails we're seeing really play toward that."

When it comes to nail polish, don't expect to see any major departures from last winter — lots of dark purples, emerald greens, and deep, ruby reds.

Makeup: Nude lips and played-up eyes

Winter makeup this year is surprisingly subdued, which is a fresh change from the neon lips and graphic eyeliner we saw last season.

The trend is playing out in barely-there blush and understated lipstick.

"Kylie Jenner was actually kind of ahead of the trend with the shade she's been wearing," says Peters, who's referring to the matte, almost-nude lip shade Jenner has been rocking in full force lately.

Both on the runway and off, Peters says that bright red lipstick isn't trending this season.

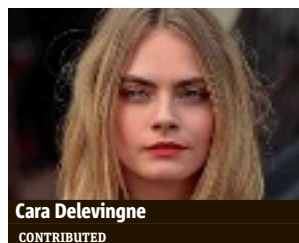
In addition to neutral tones, we'll also be seeing deeper reds that are more earthy and brown. Eye makeup is the only area that isn't being played down this winter. Instead, heavy-handed application reigns supreme.

"Shadows are very smoked out, bold and thick with dark liner," says Peters.

"Also, mascara on both the upper and lower lashes is coming back — kind of a doe-eyed '60s look."

More than a model. Face of Topshop is an actress and magazine editor, too

Cara Delevingne is one busy model. In addition to being the face of multiple ad campaigns and walking in runway shows, she's starring in the movie adaption of the John Green book Paper Towns and just became a magazine editor. LOVE magazine just announced that Delevingne will be their contributing editor for the Spring/Summer issue and will be responsible for interviewing celebrities for the magazine. The model, who has been on the cover four times, will be the one asking the questions this time, a job LOVE editor-in-chief Katie Grand says she's more than qualified for: "She has proven herself to be a fear-



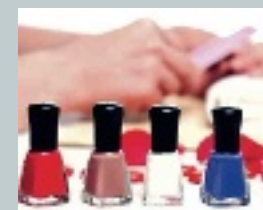
Cara Delevingne
CONTRIBUTED

less interviewer, never afraid to ask all the questions we want to know the answers to," Grand says in a press release. Delevingne will also be the face of Topshop's Spring/Summer 2015 campaign, which launches Wednesday. Well, her 2015 is certainly starting off with a bang. **METRO**

Trends Report

Less is more when it comes to nail art trends in 2015. Go online to Trends Report to find out why the negative space manicure is pegged to be the next big trend in nails this year.

- **Online.** metronews.ca/trends-report
- **Follow** Irene on Twitter @MetrolreneK and Instagram @kuanirene
- **Photo:** colourbox



Canadian street style

Name: Dani

Age: 27

Occupation: Training associate

What she's wearing

Mendocino hat, Cocogio sweater, vintage belt, Dolce Vita shoes and Rebecca Minkoff purse.

Her inspiration

"I like to dress how I feel, I like to keep it simple, classic and comfortable. In winter, I love playing with layers and get a lot of my inspiration from, of course, Pinterest."

THE KIT IS A MULTI-PLATFORM BEAUTY AND FASHION BRAND WHICH INCLUDES AN INTERACTIVE MAGAZINE AND DYNAMIC APP, A WEBSITE, KIT CHAT — AN E-NEWSLETTER PROGRAM — AND A WEEKLY NEWSPAPER SECTION, TOO!



3
T
I
E

Kiss last year's trends goodbye, maybe

They were bright, shiny and exciting decor trends derived from design classics, but these five 2014 trends have lost their lustre for the year ahead. Overdone, they will be so last year, but used sparingly in 2015, they can still work



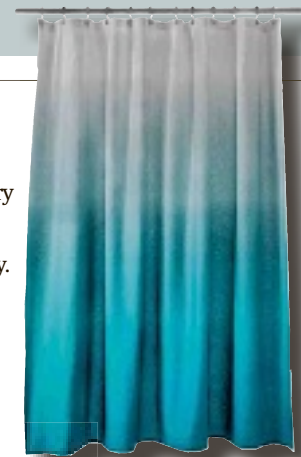
DESIGN CENTRE
Karl Lohnes
home@metronews.ca



ALL PHOTOS: CONTRIBUTED

Zig-a-zag-ah

It's time to calm down the eye and say goodbye to chevron. How to use it: Tiny scale chevron can hold its own on bedding and towels. Chevron Sculpted Organic Bath Towels, from \$15, PotteryBarn.ca



Fit to be tie-dyed

Now that we're thirsting for stronger hues, this faded glory can vanish. How to use it: An all-white bathroom can take a punchy ombré any day. Threshold Ombré Shower Curtain, \$20, Target.ca



You light up your life

You are not the star you had hoped to be, and for that you do not get to see your name (or any word, for that matter) in lights. How to use it: Just don't ... but if you must, LED Letter Marquee Sign, \$23, BedBathBeyond.ca

Mirror, mirror

Stay away from overly manufactured mirrored anything. How to use it: Small, antiqued/smokey mirrored items add intrigue to a room. ZodaX Vanilla Mercury Glass Jar Candle with Cloche, from \$29, TheBay.com



Shaggy rug story

A nod to Nomad in 2014, shaggy rugs just look dirty now. How to use it: Small versions can be cute by a reading chair to add layered warmth and texture to a room. Rens Sheepskin, white, \$40, Ikea.com



Zellers

NEPEAN

2065 ROBERTSON RD., NEPEAN
613-726-1379

STORE WIDE CLEARANCE EVENT!

HURRY IN FOR BEST SELECTION, WHILE QUANTITIES LAST.

ON NOW THRU WEDNESDAY, JANUARY 14

SAVE UP TO

80%

WHEN YOU TAKE AN
EXTRA 60%* OFF
almost all fall and
winter fashion for
men and woman

**STOREWIDE OFFERS
WITH SAVINGS UP TO
80% OFF!**

9⁹⁹ Men's ties
Reg. up to \$80

19⁹⁹ Men's shirts
Reg. up to \$90

29⁹⁹ Men's sport
coats and
sport jackets
Reg. up to \$250

HOME EVENT

**SAVE UP TO
80%**

WHEN YOU TAKE
AN EXTRA 60%* OFF
selected bedding
coordinates and
decorative
cushions

**NEW REDUCTIONS ON
MAJOR HOME OFFERS**

**SAVE
UP TO 85%**
on mattresses

**SAVE
UP TO 70%**
on furniture

**SAVE
UP TO 40%**
on appliances

Hours of operation: Mon. – Fri. 9:30 am – 9 pm | Sat. 9:30 am – 6 pm | Sun. 10 am – 6 pm

Store discounts are off the lowest ticketed price. We accept Hudson's Bay MasterCard®, Hudson's Bay Credit Card, major credit cards, debit cards, cash. No cheques. No price adjustments on prior purchases. No returns, exchanges or price adjustments on Major Home items. Selection may vary. While quantities last. Some exclusions will apply. No Rainchecks. See store for details. No other discounts apply. *Extra 60% off savings for fashion and home are off the last ticketed price. This promotion does not apply to items that are price pointed. Additional Dot Discounts are not applicable.

Cold comfort? You better believe it ...

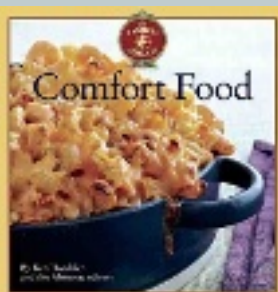
FLASH FOOD



From your fridge to your table in 30 minutes or less

Cookbook of the Week

A most comforting taste of home



Award-winning cookbook author Ken Haedrich teams up with editors of the Old Farmer's Almanac to serve up more than 200 recipes in their book *Comfort Food*.

Not only does the book feature classic favourites, it also offers helpful kitchen tips, food facts and more.

For a taste of home that satisfies the appetite, check out chapters such as Appetizers, Main Dishes, Pizzas and Savoury Pies, Breads, Vegetables, Soups, Stews and Chilis, and more.

Among *Comfort Food* recipes are Bacon Cheddar Burgers, Braised Chicken Thighs, Super Creamy Mac and Cheese, Potato and Onion Pizza, and Brownie Pie. **METRO**

Stuffing-Breaded Pork Chops with Pan Gravy.

If you can't stand the cold, get into the kitchen, and make this

"Dry stuffing mix makes a fine pork chop coating," write Ken Haedrich and the Old Farmer's Almanac editors in their aptly titled book *Comfort Food*.

For chops

1. Preheat the oven to 400 F. Line a rimmed baking sheet with foil and put it into the oven to heat.

2. Put the stuffing mix into a food processor and pulse repeatedly, until the stuffing is finely ground. Transfer to a large plate.

3. Put the beaten egg mixture into a shallow bowl (large enough to contain a chop) and set aside.

4. Pat the pork chops dry with paper towels. Lightly salt and pepper the chops on both sides and dust lightly

with onion powder and garlic powder.

5. Heat a large skillet over medium heat. Add the olive oil to the skillet. (The pan should be hot, but not hot enough to burn the coating on the chops.) Working with one chop at a time, dip both sides into the egg mixture and then into the stuffing crumbs, coating it heavily. Fry the chops for 2-1/2 minutes on each side, turning once. Transfer the chops to the hot baking sheet and bake for 10 to 15 minutes, or until the internal temperature is 145 F. Remove from the oven and rest for 3 minutes.

For gravy

1. Melt the butter in the same skillet over medium heat, add the onion, and cook for 2 minutes, stirring. Add the flour and cook for 1 minute, stirring. Add the chicken stock and whisk to blend. Simmer until the gravy thickens. Add the milk, whisk to blend, and simmer for 1 to 2 minutes more, adding salt and pepper, to taste. Serve the chops with the gravy on the side.

RECIPES FROM COMFORT FOOD BY KEN HAEDRICH AND THE OLD FARMER'S ALMANAC EDITORS.

Ingredients

Chops

- 1-1/2 cups dry stuffing mix
- 1 egg beaten with 2 tbsp milk
- 4 pork chops (about 3/4-inch thick)
- Salt and freshly ground black pepper to taste
- Onion powder, to taste
- Garlic powder, to taste

- 3 tbsp olive oil

Gravy

- 2 tbsp (1/4 stick) butter
- 1/4 cup minced onion
- 4 tsp all-purpose flour
- 1 cup chicken stock
- 1/3 cup milk or half-and-half
- Salt and freshly ground black pepper, to taste



TOTAL TIME
ABOUT 30 MINUTES

This recipe serves four. BECKY LUIGART-STAYNER

Lunch or dinner. Tex-Mex Cobb Salad

1. For dressing: Combine all of the ingredients in a small bowl and stir to blend. To thin, add pickle juice or water, 1/2 teaspoon at a time. Stir. To thicken, add 1 to 2 tablespoons of sour cream. Stir. Cover and refrigerate.

2. On a large platter, arrange the lettuce in a single row down the centre. Arrange the chicken, eggs, tomatoes, avocados, corn, and black beans in rows on each side. (If using a round platter, pile the lettuce in the centre and arrange the other ingredients in concentric circles around it.) Top with the cheese, olives,

and bacon, if using. Serve the dressing on the side.

Ingredients

Barbecue Ranch Dressing

- 1-1/4 cups thick ranch dressing
- 1-1/2 tbsp mild barbecue sauce
- 1/4 cup chopped dill pickle
- 3 tbsp minced pickled jalapeño slices
- 2 tbsp chopped Italian parsley
- sour cream, as needed

Salad

- 1/2 head iceberg lettuce, coarsely chopped
- 3 to 4 cups bite-size pieces cooked chicken
- 4 to 5 hard-boiled eggs, sliced

- 3 medium tomatoes, cut into 6 to 8 wedges each
- 1 or 2 ripe avocados, peeled, pitted, and diced
- 2 cups corn kernels, cooked, drained, and blotted dry
- 1 can (16 oz) black beans, drained and rinsed
- 1 to 2 cups finely diced pepper jack or Monterey Jack cheese
- 1/2 cup halved black olives
- Several slices crisp-cooked bacon, crumbled (optional)
- 2 cups Barbecue Ranch Dressing



This recipe serves four people.
BECKY LUIGART-STAYNER

For your phone

Jamie Oliver's Recipes (iPhone/iPad; free/subscription)



MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

Completely redesigned to offer swipe-able recipe collections, instant shopping lists, helpful dietary tags, and new meals promised every Monday, Jamie Oliver's Recipes remains among the very best



of video-guided cooking apps.

ON SUNDAY MAY 10TH, 2015, IT'S ALL ABOUT CHEO.

SPORTING LIFE
10k
OTTAWA



PRESENTED BY

saucony

Run or walk with us in the inaugural

SPORTING LIFE 10K OTTAWA

in support of the Children's Hospital of Eastern Ontario.

ALL NET PROCEEDS FROM THE
SPORTING LIFE 10K OTTAWA GO
TO CHEO!

REGISTER FOR
\$45 PLUS
HST AND WE'LL
DOUBLE
YOUR
VALUE

HURRY!
REGISTRATION PRICE
INCREASES ON
JANUARY 16TH



\$35 SPORTING LIFE PROMOTIONAL GIFT CARD

\$20 SAUCONY PROMOTIONAL GIFT CARD

FREE SAUCONY TECHNICAL T-SHIRT
(RETAIL VALUE \$35)

BUT IF YOU RAISE \$100 FOR CHEO, YOU GET IT ALL FOR FREE*

Register by Thursday January 15 at WWW.SPORTINGLIFE10K.CA/OTTAWA/
to save on the cost of your entry fee!

SPONSORS



OGILVIE
MOTORS



SPORTING LIFE
SHOP ONLINE: WWW.SPORTINGLIFE.CA

NOW OPEN!
LANSDOWNE PARK
125 Mendel Way
Ottawa, K1S 5J3
Tel: (613) 281-6000

YONGE STREET STORE
2065 Yonge Street
Toronto, M4P 2J6
Tel: (416) 485-3611

BIKES & BOARDS STORE
2054 Yonge Street
Toronto, M4P 2H5
Tel: (416) 485-4440

SHERWAY GARDENS
25 The West Mall
Ottawa, K1G 1B8
Tel: (416) 820-7750

COLLINGWOOD STORE
2221 Hurontario Street
Collingwood, L9V 2W2
Tel: (705) 445-3773

NOW OPEN!
MARKVILLE MALL
5000 Highway 7 East
Markham, L3R 4V9
Tel: (905) 258-1111

Muhammad Ali

Boxing legend returns home from hospital stay

Muhammad Ali is home after being hospitalized with a severe urinary tract infection.

The three-time world heavyweight champion was released from an undisclosed hospital Tuesday night, family spokesman Bob Gunnell said Wednesday. Ali is back home and looking forward to celebrating his 73rd birthday on Jan. 17 with his family and friends, Gunnell said.

"He's in great spirits and enjoying being back home," Gunnell said. "He's back in his daily routine."

Ali has had Parkinson's disease for years.

Ali was hospitalized Dec. 20 with what was initially believed to be a mild case of pneumonia. Doctors later determined Ali had a severe urinary tract infection and not pneumonia, Gunnell said.

THE ASSOCIATED PRESS

CFL

League names finalists for coach-of-the-year award

John Hufnagel, who guided the Calgary Stampeders to the CFL's best regular-season record and a Grey Cup title, was named a finalist for the CFL's coach-of-the-year honour Wednesday.

Tom Higgins of the Montreal Alouettes and Chris Jones of the Edmonton Eskimos are the other finalists. The award winner will receive the Annis Stukus Trophy on Jan. 21 in Winnipeg.

THE CANADIAN PRESS

Sens' rocky 2014 gives way to promise in 2015



THE HOCKEY NEWS
Murray Pam
ottawa@metronews.ca

The door's been closed on 2014, and it was a year many Senators fans would like to leave far behind. The club failed to make the playoffs and its captain wanted out again — this time Jason Spezza asked to be dealt. General manager Bryan Murray received terrible news, while coach Paul MacLean was dismissed.

However, the year wasn't all gloomy. Potential unrestricted free agents Craig Anderson, Clarke MacArthur and Bobby Ryan all inked contract extensions, quelling fears they may bolt at the conclusion of the 2014-15 campaign.

Owner Eugene Melnyk and Murray welcomed Daniel Alfredsson back with open arms. The Senators legend retired in spectacular fashion — donning his familiar No. 11 one more time — even if it was only for a pre-game skate.

Waived in 2013, Mike Hoffman is emerging as a player to watch. Hoffman's 13 goals lead the club and he's tied for seventh league-wide with a plus-18.

Mika Zibanejad found a home centring the second unit. After a slow start — pointless in the Senators' opening nine games — the 21-year-old has 18 over the past 28 games.

As the new year rings in, fans have been treated to glimpses of the future. Curtis Lazar, the affable youngster with a contagious personality,



The Senators hope Curtis Lazar returns from the world juniors with his scoring touch. CLAUS ANDERSEN/GETTY IMAGES

returns to Ottawa with gold in his pocket. Canada's captain excelled at the world junior tourney with nine points, including five goals. The Senators hope Lazar's previous scoring woes, one goal in 26 games, are a thing of the past.

Sens fans were also introduced to Nick Paul. Acquired from Dallas in the Spezza deal, Paul played his way on to Team Canada after a successful season with the Ontario Hockey League's North Bay Battalion. The six-foot-three, 218 pounder held his own, notching three markers, including a highlight-reel backhand goal versus Den-

mark in the quarter-final.

How will 2015 unfold for the Senators?

On the ice, the year starts out eerily similar to last season, straddling .500 attempting to get back into the playoff race. Coach Dave Cameron has his work cut out for him. A four-game road trip against current non-playoff teams may be the cure to what ails the Senators. The club sits at 40 points after 39 games. To entertain hope of earning a post-season berth Ottawa must finish the campaign in the 93-to-95-point range.

Off the ice, well that's a

By the numbers

The Sens' Corsi numbers for and against in their 12 games under head coach Dave Cameron:

- Corsi events for — 696
- Corsi events against — 699
- Corsi for percentage — 49.9

*Corsi events = shots + missed shots + blocked shots

**Corsi for % = Corsi for / (Corsi for + Corsi against)

whole other column waiting to be written.

McDavid stays seated in throne atop draft class



Connor McDavid reacts after scoring one of his three goals during the world junior championship. NATHAN DENETTE/THE CANADIAN PRESS

Connor McDavid's international coming-out party happened in April 2013 at the under-18 world championships. As a 16-year-old, McDavid set Canadian records for goals and points and won a gold medal.

"He was the best player in the tournament," said former NHL executive Craig Button. "He was dominant."

Fast-forward to the world juniors and, as a 17-year-old, McDavid was arguably Canada's best player on a team with a handful of talented 19-year-olds.

By improving as the tourna-

Raising his stock

Canadian winger Lawson Crouse rocketed to No. 3 on ISS Hockey's latest rankings.

- At six-foot-four and 211 pounds, Crouse showed glimpses at the world juniors of playing a pro-style game.

ment progressed, McDavid not only helped Canada win gold but widened the gap between himself and Jack Eichel and

the rest of the 2015 draft crop.

"He's always been our No. 1 and he just kept getting better and better each game," said Dennis MacInnis, scouting director for ISS Hockey. "He just elevated his game as the tournament went along. I think he clearly separated himself."

McDavid did it all despite missing the previous six weeks with a broken bone in his right hand. After shaking off rust early in the tournament, the Newmarket, Ont., native had three goals and eight assists to tie for the tournament lead in scoring. THE CANADIAN PRESS

There's no place like home

NFL playoffs. Four hosts this weekend all have impressive records in their own respective back yards

Along with great quarterbacks who all own Super Bowl rings, the four NFL teams hosting play-off games this weekend have a little something else on their side: An extraordinary home-field edge.

Seattle has the racket of Century Link, Green Bay the mystique of icy Lambeau. Denver's mile-high altitude and NASCAR offence benefit the Broncos. And the Patriots appreciate the

biting winds and bitter cold of foreboding Foxborough, where that hoodie sure comes in handy. The four host teams are a combined 30-2 at home this season; each is at least a touchdown favourite in the divisional round.

Seattle's lone home loss was a 30-23 hiccup against Dallas during the champs' early-season stumble. The other defeat was a giveaway: New England's 19-7 loss to Buffalo in the season finale with the No. 1 seed already secured by the Patriots.

"Unnerving," is how Richard Sherman describes the sound in Seattle, which can get so loud that the Seahawks' defence has to find creative ways to make checks and calls.

Denver quit being such an

Atmosphere

"Players just feed off that energy when you're playing at home. I think it makes a big difference."

Denver Broncos QB Peyton Manning on the benefit of home advantage

intimidating place to play after John Elway retired with two rings. It's a big deal again since Peyton Manning's arrival in 2012. "Our fans have been great ... they cause problems for other teams," Manning said. "Players just feed off that energy when you're playing at home. I think it makes a big difference."

Throw in the no-huddle and the lung-searing altitude and

you can see why the Broncos are 24-3 at home with Manning, including 17-1 over the last two seasons.

"Playing up-tempo and then the altitude out here can really give a defence fits," said C.J. Anderson, who knows it's working when defensive linemen interlock their knuckles behind their head, heaving between snaps. Indianapolis — Denver's opponents — defensive end Cory Redding argued the altitude effect is "all in your head." But Colts coach Chuck Pagano knows better. He grew up in Boulder, Colorado, and played at Wyoming, which is about 2,000 feet higher than Denver. So he knows how the thin air can affect teams.

THE ASSOCIATED PRESS



Broncos quarterback Peyton Manning keeps warm during practice on Wednesday. Manning's Broncos take on his former team, the Indianapolis Colts, in a divisional round playoff game on Sunday in Denver. DAVID ZALUBOWSKI/THE ASSOCIATED PRESS



Show of respect for those killed in Paris

Players from Lille, left, and Evian observe a minute's silence in honour of the victims of Wednesday's attack against satirical newspaper Charlie Hebdo, which killed at least 12 and injured many, prior to the Ligue 1 match in Northern France. Substitute Adama Traore scored a superb second-half winner as Lille moved away from the relegation zone with a 1-0 win. DENIS CHARLEY/AFP/GETTY IMAGES.

Soccer

Torres return is a Real happy one

Fernando Torres got his first win with Atletico Madrid over city rival Real Madrid on Wednesday, when the striker returned to his boyhood club in an impressive 2-0 victory in the Copa del Rey.

Midfielder Raul Garcia converted a 57th minute penalty in the first leg match of the Copa's last 16, before Jose Gimenez headed Atletico's second goal in the 76th.

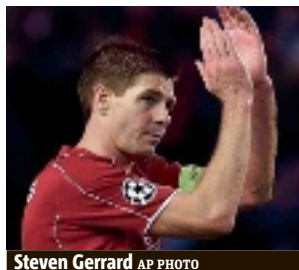
Torres went off in the 59th to applause at Vicente Calderon Stadium, four minutes before Cristiano Ronaldo came on to try and spark a comeback. Torres returned to Atletico on loan from AC Milan during the winter transfer window. He never beat Madrid in nine games in his first stint with Atletico. THE ASSOCIATED PRESS

Soccer. Liverpool captain Gerrard's future lies in LA

Steven Gerrard is the next big star in the LA Galaxy.

The Liverpool captain will join the defending Major League Soccer champions in July after completing his illustrious career with his boyhood team, the Galaxy announced Wednesday.

The 34-year-old midfielder said last week he was leaving Liverpool after the English Premier League season to move stateside. The Galaxy confirmed Gerrard's move to Southern California on an



Steven Gerrard AP PHOTO

18-month deal as a designated player, which means he will be paid above MLS' salary cap. THE ASSOCIATED PRESS

Soccer. Convicted rapist Evans may have new club

English third-tier club Oldham is prepared to face a growing backlash by going ahead with plans to sign convicted rapist Ched Evans.

While Oldham said it was conducting due diligence into hiring Evans, a sponsor severed ties with the northern club citing the "imminent signing."

Evans, a former Sheffield United and Manchester City striker, was released from jail in October after



Ched Evans GETTY IMAGES

protests from sponsors and celebrity fans.

THE ASSOCIATED PRESS

serving time for raping a 19-year-old woman in his hotel room in 2011.

A plan to train with United fell through recently after

NBA. Secret source says Cavs' close to Mozgov deal

The Cavaliers have filled their biggest need, acquiring centre Timofey Mozgov from the Denver Nuggets for two future first-round draft picks.

The Cavs announced their second major trade in three days during the first half of Wednesday night's game against Houston.

Cleveland sent two protected 2015 first-round picks - one acquired in 2013 from Memphis, the other from Oklahoma City this week - to Denver for the 7-foot-1 Mozgov and a 2015



Timofey Mozgov GETTY IMAGE

second-round pick.

Mozgov has averaged 8.5 points and 7.8 rebounds this season. THE ASSOCIATED PRESS

AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

Make a conscious effort to look at the bigger picture. If you don't, you could miss something important with the potential to make you rich.

♉ Taurus

April 21 - May 21

Neptune, planet of deception, warns you need to treat what you hear today with the utmost suspicion. Someone is trying to put ideas in your head that do not belong there.

♊ Gemini

May 22 - June 21

You will find yourself in a heated discussion and no way are you going to back down. Why should you when you know that you are right?

♋ Cancer

June 22 - July 23

Start planning your next major career move. The planets indicate that you know what you want and you know how to get it, so move fast and impress people in positions of authority.

♌ Leo

July 24 - Aug. 23

If you argue with someone over a contentious issue today, stick to the facts. If you try to bend the truth they will find out and it will ruin your case.

♍ Virgo

Aug. 24 - Sept. 23

The news you receive over the next 24 hours could be good or it could be bad — it depends entirely on how you choose to look at it. Do you see the glass as half full or half empty?

♎ Libra

Sept. 24 - Oct. 23

Whatever disagreements you may have had with loved ones in recent weeks you can iron them out now. Let it be known you don't hold a grudge.

♏ Scorpio

Oct. 24 - Nov. 22

You need to streamline your working routine. Decide how much you can comfortably cope with and simply refuse to take on anything more than that.

♐ Sagittarius

Nov. 23 - Dec. 21

According to the planets you will be making important decisions over the next 24 hours. The most important thing is that you make it clear to everyone that these decisions are not open to discussion.

♑ Capricorn

Dec. 22 - Jan. 20

For some reason you appear to believe that everyone thinks and feels the same as you but what occurs over the next day or two will put you right.

♒ Aquarius

Jan. 21 - Feb. 19

Today's Mercury-Neptune link warns you need to be careful with money, so keep your cash in your pocket no matter how much others insist this is the ideal time to spend.

♓ Pisces

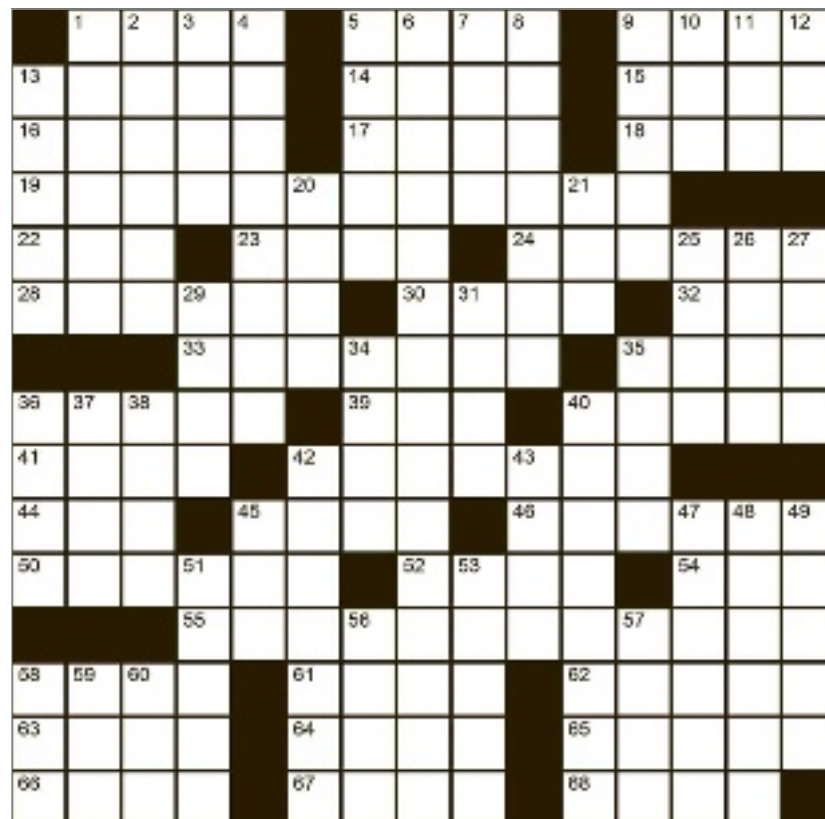
Feb. 20 - March 20

You won't hesitate to speak your mind today — and quite right too. The one thing you can't stand is injustice and you won't turn a blind eye to it.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Filing cabinet abbr.
5. "The ___ Silvers Show" (army sitcom)
9. Sumo ___ (Canadian band in which Skye Sweetnam is lead singer)
13. Ritchie Valens hit
14. Vitality
15. "___ Flux" (2005)
16. Year's historic record
17. Excited
18. Confine
19. Performer who can sing, dance and act: 2 wds.
22. Many a moon
23. An airport like Toronto's Pearson, briefly
24. Montreal neighbourhood, Cote-des-___
28. Extent
30. Approx. take-offs
32. Tony Orlando's tree
33. Reaches the destination
35. Pro's foe
36. Mr. Savard, Montreal-born Hockey Hall of Famer
39. Afternoon social
40. Excruciating emotion
41. Carbamide
42. Matthew of Muse
44. Storage container
45. Gwen Stefani's f.a.s.h.i.o.n. l.i.n.e.
46. Icons



50. Trendy travellers
52. Fix up once more
54. Jazz musician, ___ Dara
55. What police wear during riots: 2 wds.
58. Dawn love song
61. NBC chat personality Ms. Kotb
62. Really raging

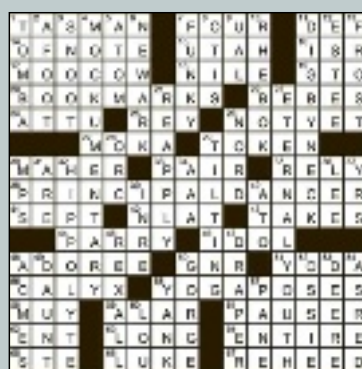
63. Blunder
64. Bldg. planner
65. Electroshock-er
66. "I ___ the opinion that..."
67. Sesame or poppy
68. 911 respondents

2. Particular period of play
3. Cinch
4. Pointe-a-___ Museum (Archaeology/history attraction in Old Montreal)
5. American actor Oliver born in Windsor, Ontario

6. Edmonton's 2,550 foot long landmark that spans the North Saskatchewan River: 3 wds.
7. "___ one, think that..."
8. Brad Pitt movie, "___ of the Fall" (1994)
9. Arid region grow-

- ers
10. Approver's reply
11. Wheel part
12. Nine-minus-eight's sum
13. Saw romantically
20. Vitality [abbr.]
21. Bronze Roman money
25. Prop on Chuck Barris' old show
26. Ingests food
27. Funny bit
29. Sitar song
31. Greenish-blue
34. Any thing
35. "Buffy the Vampire Slayer" character
36. Topic, tiny-ly
37. Fort ___, Ontario
38. Landlord's collection
40. Organic gemstone found in southern Alberta
42. Heaps
43. Verdi opera
45. Singer Ms. Salonga
47. Travel from British Columbia through to Nova Scotia: 2 wds.
48. Makes happy
49. Less uncertain
51. Office meeting attendees
53. Internet greeting
56. Singing quality
57. Singer Mr. Parsons (b.1946 - d.1973)
58. Classic range cooker company
59. Actor, Herbert ___
60. "Surprise!"

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers

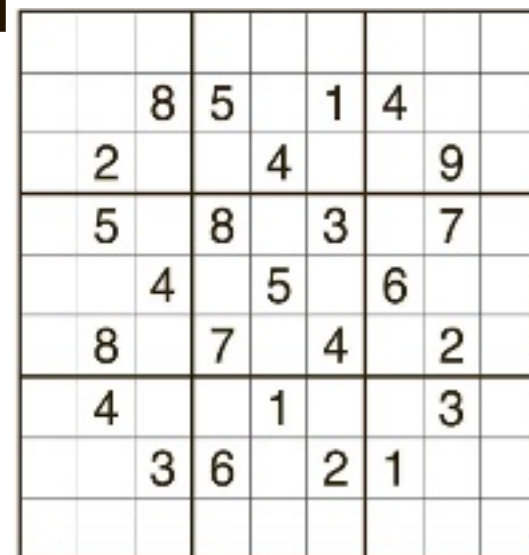


Conceptis Sudoku by Dave Green

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



©2013 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

THE HANDY POCKET VERSION!

Get the news as it happens



Download the Metro News App today at metronews.ca/mobile



metro

FRESH EYES HEALTHY EYES

*We offer Canada's largest in-stock selection
of premium brand name contact lenses,
with most prescriptions ready to ship
to your door overnight.*



TAKE **\$10 OFF** & **FREE SHIPPING** ON ORDERS \$99+ : USE CODE: **METROCL** : OFFER EXPIRES JANUARY 31, 2015



THE BETTER WAY TO BUY EYEWEAR

 **CALL:** 1-866-414-2326

 **IN STORE:** Vancouver & Toronto